

DECOR LEISURE



FROM TOP A sculpture of Buddha and a lotus pond evoke a sense of serenity. The all-marble hammam



INDULGENCE OF THE SEASON

HILL AT EASE

Perched on a crystal mound near Pune, known for its healing frequencies, Atmantan builds on the concept of prana, the life giving force

Spread over 42 acres in the Sahyadris, the horseshoe shaped Atmantan, planned by Thai architectural firm KTG Inter-Associates provides unobstructed views of Mulshi lake and the surrounding hills. All public spaces such as the Wellness Pavilion with its 22 treatment rooms, hammam, fitness areas and indoor pool as well as the Kriya Pavilion for Ayurvedic programmes are created by Monica Joshi of Pune based studio Mint Leaf. An LEED Gold certified project, its green initiatives include the use of solar power, an organic kitchen garden, vermiculture, a Solid Immobilised Bio-Filter that segregates cleaned water for landscaping, and the use of battery-operated carts and bicycles. Guests are encouraged to explore the retreat on foot, using the landscaped pathways, to absorb the benefits of the property's location, famous for its therapeutic value. ◆ **Anamika Butalia**

Website www.atmantan.com